

A powerful question from one of our listeners!

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Newsletter

A dose of healthy relationship advice.

What if your spouse refuses to change?

The question from our listener, “I know that whenever there are relationship problems, there are problems on both sides. We both have things we need to work on to save our marriage. But my spouse kind of acts like I'm the only one with problems and if I would just get me fixed we wouldn't argue or have any problems any more. He doesn't want to work through the lessons, or watch the videos, or learn anything different than what he is already doing. He just wants me to get fixed so he can keep doing the same things. How can me working through all these things (which I've been doing since December) really make a difference in our relationship so that we can both be happy? It's great for him if I become a servant wife but it seems to absolve him from feeling any need to become a servant husband. What kind of hope can you offer to couples like us?”

You can listen [here](#) and also read the show notes.

If you are needing help in other topics, you can check out our podcasts and articles over issues like: [conflict resolution](#), [forgiveness](#), [hurting marriages](#), [parenting](#), [premarried](#), and [intimacy](#).

Building better relationships,
Michael Smalley, Ph.D.

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