

Resources for Recovery from Sexual Brokenness

Remembering That God Loves You

Books by Brennan Manning: *Abba's Child. Relentless Tenderness of Jesus. Furious Longing of God. A Glimpse of Jesus-the stranger to self hatred. Ruthless Trust..*
Sexual Addiction Screening Test, mysexsurvey.com
Covenant Eyes, covenanteyes.com. Accountability Software , comprehensive resources. 877-479-1119
Ferree, Marnie C. *No Stones: Women redeemed from sexual addiction* 2nd ed. Downers Grove, IL: InterVarsity Press, 2010.
Laaser, Mark R. *Healing the Wounds of Sexual Addiction.* Grand Rapids: Zondervan, 2004.
New Life Ministries, Newlife.com. 800-639-5433 (Steve Arterburn, Henry Cloud, John Townsend)
Ryan, T.C. *Ashamed No More: A pastor's journey through sex addiction.* Downers Grove, IL: InterVarsity Press, 2012.
Wilkerson, Mike. *Redemption—Freed by Jesus from the idols we worship and the wounds we carry.* Wheaton, IL: Crossway, 2011

For Spouses, Fiancés, and Families

Beattie, Melody, *Codependent No More: How to stop controlling others and start caring for yourself.* 20th anniversary edition. Center City, MN: Hazelden, 2006.
Beattie, Melody, *The Grief Club: The secret to getting through all kinds of change.* Center City, MN: Hazelden, 2006.
Carnes, Stephanie, editor. *Mending A Shattered Heart: a guide for partners of sex addicts.* Carefree, AZ: Gentle Path Press, 2011.
Haas, Melissa. *L.I.F.E Guide for Spouses.* Freedom Everyday, 2008
freedomeveryday.org/spouses/supportgroups/ 866-408-5433. Resources to encourage, empower, and equip God's people to live everyday in sexual integrity
Means, Marsha. *Living With Your Husband's Secret Wars.* Grand Rapids: Revell, 1999.
Means, Marsha. and Steffens, Barbara. *Your Sexually Addicted Spouse: How partners can cope and heal.* New Horizons Press, 2009
New Life Partners. Newlifepartners.org. A support group for wives whose husbands are caught in the web of sexual addiction.
Wilson, Meg. *Hope After Betrayal—Healing when sexual addiction invades your marriage.* Grand Rapids: Kregel Publications, 2007.

Accountability and Filtering Software:

▶ familysafeweb.com ▶ integrityonline.com ▶ internetsafety.com
▶ xxxchurch.com / pureonline.com ▶ covenanteyes.com

Counseling; Recovery Groups; Organizations

American Association of Christian Counselors. aacc.net, 800-526-8673
Celebrate Recovery. celebraterecovery.com
Christian Care Center, Dr. Mark Laaser, Largo FL, faithfulandtrueministries.com
Faithful and True Ministries. faithfulandtrueministries.com. Dr Mark Laaser. Office, 952-746-3880
Pure Life Ministries, Counseling. purelifeministries.org. 888.787-3543
Sexaholics Anonymous, sa.org. Twelve-Step Group. 866-424-8777
Sex addiction therapists (certified). sexhelp.com
Smalley Relationship Cente. smalleyonline.com. 800-848-6329

Residential Treatment for Sexual Addictions Recovery

Bethesda Workshops, bethesdaworkshops.org
Branches Recovery, branchesrecoverycenter.com.
Christian Care Center, faithfulandtrueministries.com
Keystone Center Extended Care Unit, www.keystonecenterecu.net.
The Meadows, themeadows.org.
Pine Grove Gentle Path Program, pinegrovetreatment.com.

Other Resources

Be Broken Ministries. bebroken.com. Help for women and men
Blazing Grace Ministry. blazinggrace.org
Co-Dependents Anonymous. codependents.org
Co-Dependents of Sex Addicts. cosa-recovery.org
Everymansbattle.com
Faithful and True Ministries. faithfulandtrueministries.com. Mark Laaser.
freedombeginshere.org
HarvestUSA. harvestusa.org.
Hazelden Educational Materials. hazelden.org
S-Anon International Family Groups. sanon.org
Safe Families. safefamilies.org
250+ Facts and Stats About Pornography, Covenant Eyes, <http://www.covenanteyes.com/pornography-facts-and-statistics/>
John McDowell's extensive research and resources on pornography, <http://www.just1clickaway.org>

Books

Arterburn, S., F. Stoeker and M. Yorkey. *Every Man's Battle: Winning the war on sexual temptation one victory at a time*. Colorado Springs, CO: Waterbrook Press, 2000.
Carnes, Patrick. *Contrary to Love: Helping the sexual addict*. Center City, MN: Hazelden, 2001
_____. *Out of the Shadows, understanding sexual addiction*, 3rd ed. Center City, MN: Hazelden Educational Materials, 2001.
Earle, Ralph Jr. and Laaser, Mark. *The Pornography Trap: Setting pastors and laypersons free from sexual addiction*. Kansas City: Beacon Hill, 2002
Freedom Begins Here: *Finding Hope, Direction And Change In A Sexually Saturated Culture*. Devotional Journal & Personal Toolkit. Gray Communications, 2008.
Gilkerson, Luke, editor. *Internet Pornography-A ministry leader's handbook*. PDF download, covenanteyes.com. 2010.
Keller, Timothy. *Counterfeit Gods: The empty promise of money, sex and power, and the only hope that matters*. New York: Dutton, 2009
Larkin, Nate. *Samson and the Pirate Monks - Calling men to authentic brotherhood*. Nashville, TN: Thomas Nelson, 2006. Former pastor, recovering sex addict . 615-791- 8308.
Layden, MaryAnne. *The Social Costs of Pornography: A statement of findings and recommendations*. The Witherspoon Institute, 2010.
Leahy, Michael. *Porn Nation: conquering America's #1 addiction*. Locust Grove, IL: Northfield Publishing, 2008.
Maltz, Wendy and Larry. *The Porn Trap – The essential guide to overcoming problems caused by pornography*. New York: HarperCollins, 2010.
Ron J, the 'White Book' of Sexaholics Anonymous. Simi Valley, CA: SA Literature, 1989. by former Presbyterian pastor. Available only online at sa.org. 866-424-8777
Schaumburg, Harry. *Undefiled: Redemption from sexual sin, restoration for broken relationships*. Moody Publishers, 2009
Struthers, William. *Wired for Intimacy: How pornography hijacks the male brain*. Downers Grove, IL: IVP Books, 2009. Wiredforintimacy.blogspot.com (brain science, research)
Warren, Shellie R. *A Woman's Guide to Sexual Integrity*. Baker Books, 2010.
Weis, R and Schneider, J. *Untangling the Web: Sex, porn, and fantasy obsession in the Internet age*. New York: Aylson Publications, 2006.